



Republic of the Philippines  
**Department of Education**  
SCHOOLS DIVISION OF MARINDUQUE



Office of the Schools Division Superintendent

**MEMORANDUM**

SGOD-2026-025

TO: Asst. Schools Division Superintendent  
Chief Education Supervisors  
Public Schools District Supervisors  
Public and Private Elementary, Secondary, and Integrated School Heads  
Coaches and Assistant Coaches of Sports Events  
All Others Concerned

FROM: **LYNN G. MENDOZA, EdD**  
OIC, Schools Division Superintendent

SUBJECT: **MEDICAL AND DENTAL CHECK-UP OF ATHLETES FOR MIMAROPA REGIONAL ATHLETIC ASSOCIATION MEET 2026**

DATE: February 3, 2026

1. This Office, through the Schools Governance and Operations Division – School Health and Nutrition Section, will conduct the Medical and Dental Check-up of Athletes for MIMAROPA Regional Athletic Association Meet 2026 on February 9, 11, 12, 26, and 27, 2026 in preparation for the upcoming MRAA Meet. This initiative ensures that all participating student-athletes are physically fit and dentally cleared, prior to their participation in sports competitions.

2. The activity aims to:

- assess the overall health status of athletes, coaches and assistant coaches prior to competition;
- ensure the safety and well-being of learners and personnel during athletic events; and
- promote the importance of regular health and dental check-ups among student-athletes and personnel.

3. Participants in this activity are all elementary and secondary student-athletes, including their coaches and assistant coaches, who will compete in the MRAA 2026.

4. Concerned schools are reminded that while participation of athletes and coaches in the medical and dental check-up is fully supported, instructional continuity must be ensured. School heads shall:

- assign substitute teachers to cover classes left by coaches;
- provide appropriate learning tasks for athletes to complete upon return; and
- monitor the completion of all missed classroom activities.

5. Attached as Enclosure 1 is the **Schedule, Venue and Participants** for the conduct of the said activity.
6. Immediate dissemination of the contents of this Memorandum is highly desired.

/SGOD-RMOL

**SCHEDULE, VENUES AND PARTICIPANTS**

<b>SCHEDULE</b>	<b>VENUE</b>	<b>PARTICIPANTS</b>
February 9, 2026	Mogpog Central School	Athletes, coaches and assistant coaches of Mogpog District
February 11, 2026	Bangbang Elementary School	Athletes, coaches and assistant coaches of Gasan District
February 12, 2026	Santa Cruz East Central School	Athletes, coaches and assistant coaches of Santa Cruz North, Santa Cruz South and Santa East Districts
February 26, 2026	SDO Clinic <i>(During the training of athletes for MRAA 2026)</i>	Athletes, coaches and assistant coaches of Torrijos District
February 27, 2026		Athletes, coaches and assistant coaches of Buenavista, Boac North and Boac South Districts